



# THE CORD

## PROFILE: WON SHIN

On June 1, 1986, Won Shin broke his neck in a diving accident at Long Beach Island in New Jersey. Won was airlifted to Thomas Jefferson University Hospital where he underwent two neck surgeries and experienced numerous complications. In August of 1986, Won came to Magee where he would spend the next four months.

After Won was discharged from Magee in December 1986, he enrolled in one class at Villanova University in the spring of 1987. Won returned to college in Texas in August 1987. He graduated from college in 1991 and then went to law school. Won returned to the Philadelphia area in 1994 after graduating from law school. His first job was with then Mayor Ed Rendell as an Assistant Deputy Mayor in charge of the Commission on People with Disabilities. After one year on the Mayor's staff, Won joined a law



firm in Philadelphia in 1995. He earned a Master of Laws Degree from Georgetown University in 1998. Won joined an international accounting firm in 1998 where he currently is a tax attorney.



Won is also active in the community. He is on the Board of Directors of Arthur Ashe Youth Tennis and Education, Inc. Won is a member of the Marple-Newtown School District Board of Directors. He is a member of the Presidents Council of Magee Rehabilitation. Won is also a Peer Mentor at Magee.

Won lives in Newtown Square with his wife Dana. They have one daughter, Ainsley. Won spends his leisure time with his family or watching the Flyers and Eagles.

Won is motivated by three things: His desire to be better tomorrow than he was today, his responsibility as a husband and father, and his commitment to community.

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Thomas Jefferson University



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Magee Rehabilitation

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# SPINAL CORD INJURY SUPPORT GROUPS

## *SCI-PEERS, BEEN THERE, DONE THAT*

The SCI-Peer Consultant Program offers individuals with newly acquired spinal cord injuries the opportunity to benefit from the knowledge and experience of those who have "been there, done that."

**MENTORS** - For those who have weathered a spinal cord injury, please consider volunteering as a peer consultant to help others through the difficult adjustment process.

**PROTEGES** - For those who are adjusting to their spinal cord injury, mentors can answer questions and address concerns with the knowledge based on their personal experience.

To call and request a peer consultation, contact the **Peer Coordinators** at **215-587-3174** or **pcoordinator@mageerehab.org**. Peers can be matched according to injury level, social situations, age, gender, marital status, recreational interests, and vocational experience.



## *SCI FAMILY PEER SUPPORT GROUP*



Family Peer Support is a group in which specially trained families who have experience with a spinal cord injury help others who share their struggles.

Family members and significant others of individuals who have had a spinal cord injury are encouraged to attend.

Inpatient and outpatient families are welcome. Family Peer Counselors offer reassurance, support and helpful practical tips.

This group meets on the second Thursday of every month at 6 p.m. in Room 537 on the Spinal Cord Injury Unit at Magee Rehabilitation Hospital. For more information, call **Pat Thieringer** at **215-587-3412**.

## *WOMEN'S DISABILITY SUPPORT GROUP*

This is a supportive psychotherapy group that meets at Magee every Monday afternoon. A clinical psychologist with expertise in disability rehabilitation leads this group focusing on women's issues.



Women are encouraged to explore their thoughts and feelings about life with a

disability. The discussions often address topics such as relationships, career issues, intimacy, and sexuality.

If you are interested in finding out more about this group or other psychological services, contact **Dr. Nancy Rosenberg** at **215-587-3210**.

## SCI RESOURCE & SUPPORT

You are invited to join this group which provides opportunities for education, recreation, and support for individuals with spinal cord injuries. This group meets the **second Thursday** of every month at **6 p.m.** in the **2nd floor Conference Room (220/222)** at Magee.

We are always looking for new topics. Please contact the **Peer Coordinators** at **pcoordinator@mageerehab.org** or **215-587-3174**.

### TENTATIVE TOPIC SCHEDULE



July 2004	Picnic
August 2004	Phillies Game
September 2004	Back to Work, School, etc.
October 2004	Winter Activities
November 2004	Driving

*Visit the Magee Peer Website at [www.mageepeers.org](http://www.mageepeers.org) to learn about upcoming events, disability information and resources, peer support, and the sale or donation of durable medical equipment.*

## RESEARCH & EDUCATION

### RESEARCH PARTICIPANTS NEEDED

1. The SCI Center has developed a research tool to measure improvement in walking in persons with spinal cord injury. We are seeking volunteers to help us validate the scale and make sure it is reliable. Research participants must be motor incomplete and able to walk short distances with or without assistive devices or assistance. Subjects will be required to come to Magee Rehabilitation Hospital on two different occasions for about two hours each visit. Those who participate will be reimbursed \$100 per visit for travel expenses and provided with free parking.



2. Persons who have been served as an inpatient at Magee Rehabilitation Hospital are invited to participate in a research study to test a web site designed for rehabilitation patients after they have been discharged home. Participants with various types of disabilities are needed for this project. An interviewer will come to your home within 2 months of discharge to show you the site and ask for your feedback. You may participate in the study if you use the computer without any help or if you need help working the computer but are able to answer basic questions about your functioning and what you think of the web site. At the end of the session, which takes an hour, patients receive \$50 for their time and help.

If you are interested in participating or would like more information, please contact **Mary Patrick, R.N.**, RSCICDV Project Coordinator, at **215- 955-6579**.

For more information, please call **Dr. Mary Segal** from the University of Pennsylvania at **215-662-9123**.

## RESEARCH FOCUS GROUP

The Regional Spinal Cord Injury Center of Delaware Valley (RSCICDV) at Thomas Jefferson University Hospital and Magee Rehabilitation Hospital is conducting focus groups to evaluate consumer's priorities in dealing with recovery following a traumatic spinal cord injury. The focus group will be held at Magee. You will be reimbursed for your time and free parking will be provided.

If you are a person with SCI and would like to participate or would like more information about the project, please contact **Mary Patrick**, R.N., RSCICDV Project Coordinator, at **215- 955-6579**.



## RESEARCH OF THE RSCICDV

### Current

Open-label extension of double-blind, placebo-controlled, parallel group study to evaluate safety, tolerability and activity of oral Famipridine-SR in subjects with chronic incomplete spinal cord injury.  
*Sponsor: Acorda Therapeutics.*

Restoration of walking after spinal cord injury - validation of the Walking Index for Spinal Cord Injury (WISCI) scale for hierarchical ranking.

*Sponsor: National Institute on Disability and Rehabilitation Research (NIDRR).*

Restoration of walking after spinal cord injury - elements of a disability measure.

*Sponsor: National Institute on Disability and Rehabilitation Research (NIDRR).*

Restoration of walking after spinal cord injury - a consumer preference for walking.

*Sponsor: National Institute on Disability and Rehabilitation Research (NIDRR).*

### Completed Clinical Trials

Study the effects of Body Weight Supported Treadmill Training in acute incomplete spinal cord injury.

*Sponsor: National Institute of Health*

A multi-site, open label study to evaluate 250 mg oral Neotrofin™ BID in patients with subacute complete spinal cord injury over 12 weeks.

*Sponsor: NeoTherapeutics, Inc.*

Double-blind, placebo-controlled, 12-week, parallel group study to evaluate safety and efficacy of oral Famipridine-SR in subjects with moderate to severe spasticity resulting from chronic, incomplete spinal cord injury.

*Sponsor: Acorda Therapeutics*

Eye-voice enablement technology: EVENTech, hands-free computer access for the disabled.

*Sponsor: National Institute of Health*

### Spinal Cord Society

*The Spinal Cord Society meets at Magee Rehabilitation on the 6th floor at 1 p.m. on the first Saturday of every month. The Spinal Cord Society puts 100% of its funding into research for the cure of spinal cord dysfunction. If you want to support this research, consider attending one of these meetings. For more information, please contact Chris Cellucci at [cellucci@ursinus.edu](mailto:cellucci@ursinus.edu) or 610-296-7429, or Dennis Ledger at [dledger@csc.com](mailto:dledger@csc.com) or 856-468-4401.*

## RSCICDV WEBSITES

During the past year, the SCI Center has concentrated its efforts on expanding our website, [www.spinalcordcenter.org](http://www.spinalcordcenter.org), and improving the information provided on our center and our research. Information provided on the site includes the Spinal Cord Injury brochure which describes each phase of treatment at the RSCICDV; a facts and figure sheet which describes the characteristics of spinal cord injury; a short bio-sketch on our SCI doctors and project staff, the current research being conducted at the RSCICDV including a feature "research participants needed", publications of the center, the 20-chapter SCI educational manual including chapters on bowel and bladder management, respiratory management, skin, cardiovascular, nutrition, activities of daily living, equipment, mobility, psychology, vocational services, recreational services and a resource guide, travel and transportation, sexuality and follow-up care; information on how to refer a patient; the latest news on the SCI Center; and

a user survey asking consumer to rate the information provided on our site. Additionally, the R S C I C D V website [www.spinalcordcenter.org](http://www.spinalcordcenter.org) now meets the 508 guidelines (except for the web-pages with the SCI educational manual) and is accessible to persons with a disability.



In addition, the RSCICDV's peer counseling program has developed a peer website. The peer website provides practical information and support that patients with SCI have come to expect from our peers and is now available on-line at [www.mageepeers.org](http://www.mageepeers.org). Features on the site include the following: a message board – questions answered by our peers; frequently asked questions, especially those common "coming home" questions; a classified page which provides a place to buy, sell or donate used medical and adaptive equipment; recreational opportunities; a calendar of events; and community resources.

## RSCICDV RESEARCHERS RECEIVE AWARDS

Two researchers of the RSCICDV received awards at the 30<sup>th</sup> Annual Scientific Meeting of the American Spinal Injury Association (ASIA), which was held in Denver, Colorado, on May 14-16, 2004.

Anthony Burns, M.D., Assistant Director of the RSCICDV and Assistant Professor of the Department of PM&R at Thomas Jefferson University, received the award for the best published journal article which was entitled "Patient Selection for Clinical Trials: The Reliability of the Early Spinal Cord Injury Examination." The journal article was published in the Journal of Neurotrauma in 2003.



Ralph Marino, M.D., Clinical Director of the RSCICDV and Associate Director of Research, received second place for best poster. His poster was entitled "Reliability of the ASIA Motor and Sensory exam." An abstract of this was published in the Journal of Spinal Cord Medicine in 2004.

### **Important Web Pages**

Find information on research, education, and community programs on these webpages:

[www.spinalcordcenter.org](http://www.spinalcordcenter.org)

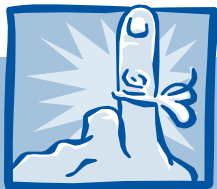
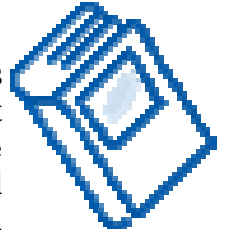
[www.mageerehab.org](http://www.mageerehab.org)

[www.mageepeers.org](http://www.mageepeers.org)

## SCI EDUCATIONAL MANUAL ON-LINE

The Regional Spinal Cord Injury Center of Delaware Valley continually updates the **SCI Educational Manual** for individuals with spinal cord injury and their family members. The manual includes 20 chapters consisting of various topics ranging from bowel/bladder management and respiratory care to activities of daily living and recreational resources.

This informative manual is available on-line at [www.spinalcordcenter.org](http://www.spinalcordcenter.org). The Center would like to extend special thanks to all Spinal Cord Injury Center staff participating in this ongoing effort, special thanks to the Geoffrey Lance Foundation for support of the latest revision.



### FOLLOW-UP REMINDER

***Don't forget to schedule annual follow-up appointments with the outpatient department at Magee! Magee has outpatient programs in Rehabilitation Medicine, Pain Management, Stroke, Urology & Continence, Skin Program, Intrathecal Baclofen Therapy, Botox Injections, Electrodiagnosis, and Equipment Clinic. Consultative Services in Urology, Psychology, Podiatry, and Psychiatry are also available.***

***To schedule a follow-up appointment, please call 215-587-3406.***

## WHEELCHAIR SPORTS

### MAGEE PHILLIES SOFTBALL TEAM

The Magee Phillies Wheelchair Softball team is beginning an exciting third season. The team appreciates the tremendous support provided by its incredible sponsors - Magee Rehabilitation Hospital and the Philadelphia Phillies! The team consists of men and women of all ages with various disabilities and different skill levels who attend practices and games during the summer months. J. Hampton Moore School has graciously offered its schoolyard blacktop as home field for practices, games and tournaments.



The Magee Phillies are looking forward to sponsoring their 2<sup>nd</sup> Annual Magee Phillies

Softball Tournament on August 21-22, 2004 at J. Hampton Moore School. The team will also travel to New York, Boston, Baltimore, and Ohio to participate in tournaments and games. They also plan to compete in the National Wheelchair Softball League World Series this August in New York.



We are always looking for new members to join the Magee Phillies Wheelchair Softball Team. If you or anybody you know might be interested in playing softball, please contact **Pat Thieringer** at **215-587-3412**.

## WHEELCHAIR TENNIS

The 2003 season was quite successful for the Magee Freedoms wheelchair tennis team ending with the team traveling to the USTA National Clay Court Championships in Daytona Beach, Florida, to play in its first ever National Championship. The trip was quite a success with Brad Evans and Felix Suero teaming to win the B Doubles Championship. Also, Mark Chilutti won the C Singles title, and then teamed with Walt Ramsay to win the C Doubles title.

During this busy year, the team won several titles, did several demonstrations on wheelchair tennis, and made its third appearance at halftime of a Philadelphia Freedoms professional tennis match. The Freedoms have been a great supporter of our team, and presented all team members with official Freedoms warm-ups, which they wear proudly while traveling to tournaments.

The tennis team has just begun the 2004 season, with a great start at the Cajun Classic in Baton Rouge, Louisiana. This year, the team

will travel to tournaments in New York, Baltimore, Lehigh, Philadelphia, Lancaster, Delaware, and Daytona Beach.

The team currently consists of five nationally ranked players: Mark Chilutti, Brad Evans, John Kistner, Walt Ramsay, and Felix Suero, and is coached by Delynn Orton. Practices are held each week at Cherry Hill racquet club, usually from noon-2 p.m. each Sunday, and consist of intense drills and match play.

Magee Rehabilitation Hospital is joining with Moss Rehabilitation and the Carousel House to host the Philadelphia Wheelchair Tennis Tournament at Cherry Hill Racquet Club, August 13-15, 2004. Please join us for some exciting tennis!

For more information on wheelchair tennis, please call **Mark Chilutti** at **215-587-3226**.



## MARTIAL ARTS

Each Monday evening, Magee Rehabilitation Hospital offers a martial arts program suited to both wheelchair users and others with physical disabilities. For the past eight years, Michael Saulino, MD, PhD, a Magee Physiatrist and second degree black belt holder has offered this martial arts training at no cost to participants. Dr. Saulino teaches an adapted Tae Kwon Do style of karate. In this program, students continue to advance in belt levels on the way to the coveted black belt.



The martial arts can be a means of enhancing physical abilities, building confidence, managing stress levels, and decreasing vulnerability to physical attack. Students report that as they continue to practice, they notice a significant increase in strength, flexibility, endurance and respiratory control, and a decrease in their pre-existing pain.

The advantages of this program can be enjoyed by everyone. You are encouraged to find out more by observing a class and observing this innovative program personally. For more information, contact **Pat Thieringer** at **215-587-3412**.

## ***MAGEE SIXERS SPOKESMEN BASKETBALL TEAM***

This is the seventh season that the Philadelphia 76ers, one of nineteen NBA teams sponsoring wheelchair basketball teams, have partnered with Magee Rehabilitation Hospital to support the Magee Sixers Spokesmen. The Magee Sixers Spokesmen have received warm-up suits and jerseys from the 76ers, and wear official 76ers jerseys for their games.

This was an exciting year for 12 tremendously talented young players who comprise our new Division III developmental team. In its inaugural year, the Division III team played a 16-game schedule that included the Temple Owls, Scranton Allied Forces, and Long Island Renegades. In addition, the team played in a tournament in Richmond and its own Sullivan Classic Tournament.

The established Magee Sixers Spokesmen Division II team competed in 30 games, finishing with a .500 record against a tough schedule of top 20 teams. The team was a strong contender in tournaments in

Washington, Virginia Beach, Hackensack, Charlottesville and Boston. The season ended at the National Wheelchair



Basketball Association (NWBA) Sectional Championships in Boston., where the Magee Sixers placed third vying for a spot in the NWBA Final Four in Tempe, Arizona.

Both teams played an exhibition during halftime of a Sixers Game at the Wachovia Center. They also demonstrated their skills at the Philly Fit Fest this spring. In addition, Shannon Burgess represented us at the NBA/NWBA All-Star Game in Los Angeles. Visit our website at [www.nba.com/sixers/community/sixers\\_spokesmen.html](http://www.nba.com/sixers/community/sixers_spokesmen.html).

New players are always welcome. For more information, contact Pat Thieringer at (215) 587-3412.

## ***MAGEE EAGLES RUGBY TEAM***

The Magee Eagles Wheelchair Rugby Team had its most successful season in history this year. In existence since 1990, the team has struggled to make each year's National Championship Tournament, always getting to the doorstep but never crossing the threshold. This past season, however, the Magee Eagles placed third at the Atlantic Sectional Tournament in Sarasota, Florida, which earned them their first berth in the United States Wheelchair Rugby National Championships.

At Nationals, in Louisville, Kentucky, the Eagles faced a much stiffer level of



competition than ever before, earning a respectable sixth place in the Division II tournament. They left Louisville with a lot of sore muscles and a great pride earned by their accomplishments this hard-fought season. With a strong core of seasoned veterans, and a young crop of new talent, the Eagles plan to be a permanent fixture on the National Championship scene in the years to come.

The team encourages new players to come out and enjoy the rugby experience. Whether you want to just get a good workout, meet and socialize with a fun bunch of people, or become a serious rugby athlete with aspirations of traveling and competing in tournaments around the country, the Magee Eagles have something to offer. For more information, contact Pat Thieringer at (215) 587-3412.